BREAKFAST SANDWICHES

served with potato pancake, diced potatoes, or fresh fruit

EGG SANDWICH 13.5

- choice of bacon, sausage links, ham, sausage patties, turkey bacon or turkey sausage links,
- choice of american, mozzarella, cheddar, swiss, havarti, or pepper jack cheese
- choice of toast, croissant, biscuit, english muffin or (bagel +1.0)

BREAKFAST BURRITO 14.0 | scrambled eggs, chorizo, avocado, pepper jack, & jalapeno wrapped in a tortilla with sour cream & salsa on the side (spicy)

FARM FRESH EGGS

served with hash browns or diced potatoes & pancakes, toast, or biscuit

TWO EGGS AND PROTEIN 13.5 | choice of applewood smoked bacon, sausage, fire smoked pit ham, turkey bacon, turkey sausage or smoked sausage

CORNED BEEF HASH & EGGS 15.0 | with hash browns o'brien

COUNTRY FRIED STEAK & EGGS 15.5 | fried breaded steak topped with sausage gravy

SKIRT STEAK & EGGS (market price) | seasoned, char-grilled, choice cut or better, 10 oz angus skirt steak

OMELETES

served with hash browns or diced potatoes & pancakes, toast, or biscuit

VEGETARIAN 14.0 | spinach, broccoli, mushroom, pepper, tomato, mozzarella

WESTERN 14.5 | ham, pepper, onion, american cheese

GREEKTOWN 15.0 | rotisserie gyros, tomato, onion, feta cheese & a side of tzatziki sauce

FLAMENCO 15.0 | chorizo, jalapeno, onion, tomato, avocado, cilantro, cotija cheese, & salsa on the side (spicy)

POWERHOUSE 15.0 | egg whites, grilled chicken, mushroom & spinach

MEAT-A-TARIAN 15.0 | bacon, ham, & sausage

LOUISIANA 15.0 | andouille sausage, jalapeño, onion, & pepper jack cheese (spicy)

BREAKFAST BOWLS

layered over potatoes with 2 eggs. Includes pancakes, toast, or biscuit

GARDEN BOWL 14.5 | avocado, green pepper, onion, tomato, mushroom & mozzarella

OLE'IN A-ROUND 15.0 | chorizo, jalapeno, onion, avocado, & pepper

jack cheese (spicy)

HASHIN' A-ROUND 15.0 | corned beef hash, green pepper, onion & cheddar

SKIRTIN' A-ROUND 20.0 | grilled skirt steak, onion, mushroom, & mozzarella

TEXAN BOWL 15.0 | grilled chicken, green pepper, onion & pepper jack cheese

COUNTRY BOWL 15.0 | smoked sausage, green pepper, onion, american cheese & a side of sausage gravy

CAJUN BOWL 17.0 | spicy cajun seasoned shrimp, andouille sausage, onion, jalapeño, cilantro, cheddar & pepper jack cheese over slow cooked grits* (spicy)

CREATE YOUR OWN

 $\textbf{OMELET, SCRAMBLE, OR BOWL}\ 9.0$

served with hash browns or diced potatoes & pancakes, toast, or biscuit

MEAT 2.5 ea. | bacon, sausage links, ham, sausage patties, turkey bacon, turkey sausage links, andouille sausage, chorizo, smoked sausage, gyros, chicken or (skirt steak 8.0)

VEGGIE 1.5 ea. | onion, mushroom, spinach, tomato, broccoli, green pepper, olives, jalapeno or (avocado 2.25)

CHEESE 1.5 ea. | american, mozzarella, cheddar, swiss, havarti, or pepper jack | feta 2.0 | cotija 2.0

SAUCE sausage gravy 2.5 | hollandaise 1.5 |

salsa 1.0 | tzatziki 1.0 | sour cream 1.0

BENEDICTS

served with fresh fruit or potatoes

 ${\bf CLASSIC}~14.0~|~{\bf a}$ muffin topped with canadian bacon, poached eggs & hollandaise sauce

 $\ensuremath{\mathbf{RAZORBACK}}$ 14.0 | a biscuit topped with sausage patties, poached eggs, & country gravy

FLORENTINE 14.0 \mid a muffin topped with fresh sautéed spinach, tomato, shredded cheddar cheese, poached eggs, & hollandaise sauce

 $\bf NORWEGIAN~16.0~|~a$ muffin with smoked salmon, poached eggs, & dill hollandaise sauce

KILLARNEY 15.0 | potato pancakes topped with corned beef hash, poached eggs & hollandaise sauce

EGGSTRODINARES

AVOCADO SALMON TOAST 17.0 | open faced grilled sourdough, one piece topped with dill cream & smoked salmon, the other piece topped with smashed avocado & poached eggs, everything finished with balsamic reduction & parmesan. Served with fresh fruit.

2 x 2 x 2 (13.0) | 2 eggs, 2 bacon, 2 sausage links, & choice of pancakes, french toast, ½ waffle, cinnamon swirl french toast, 2 crepes, biscuit, or toast

BREAKFAST TACOS 14.0 | (3) corn tortillas, scrambled eggs, chorizo, cilantro, cotija cheese avocado & salsa on the side. Choice of hash browns or diced potatoes

BISCUITS & GRAVY 12.0 \mid delicious buttermilk biscuits and house made sausage gravy. Add 2 eggs +2.5

CROQUE MADAME 15.0 | open faced grilled sourdough, smoked ham, havarti, cheddar & 2 sunny side up eggs on top. With fresh fruit or potatoes

CHILAQUILES 14.0 | sauteed house made chips & salsa verde, topped with onion, avocado, cotija cheese & 2 eggs. Add chicken or chorizo +3.5 | Add skirt steak +8.0

PANCAKES

THE ORIGINAL BUTTERMILK (4) 10.5 | served with whipped butter and syrup **Gluten free +1.5**

Add strawberries, blueberries, bananas, cinnamon apples, pecans, or chocolate chips +3.0 each. Pure vermont maple syrup (1.7oz bottle) +2.5

STRAWBERRY CHEESECAKES 14.0 | layered in sweet mascarpone cream cheese, topped with strawberries, graham cracker crumbles & drizzled with strawberry sauce

OREO PANCAKES 14.0 \mid pancakes layered in sweet creamy filling & topped with oreo crumbles & vanilla drizzle

POTATO PANCAKES 12.0 | house made & served with sour cream & apple sauce

FRENCH TOAST

FRENCH TOAST 11.0 | 3 pieces of sweet thick sliced challah bread dipped in our special batter and served with whipped butter & syrup

Add strawberries, blueberries, bananas, or cinnamon apples +3.0 each. Pure vermont maple syrup (1.7oz bottle) +2.5

STUFFED FRENCH TOAST 14.5 | two thick pieces filled with sweet cream cheese with choice of glazed strawberries, blueberry compote or sautéed apples

CRUNCH FRENCH TOAST 14.5 | thick french toast coated in crushed frosted flakes, topped with fresh strawberries, blueberries, bananas, and drizzled vanilla sauce

BANANA BREAD FRENCH TOAST 13.5 | bakery fresh banana nut bread dipped in our special batter, topped with caramelized bananas and pecans

CREPES

CREPES (3) 11.0 | powdered sugar, syrup & butter

Add strawberries, blueberries, bananas, or cinnamon apples +3.0 each. Pure vermont maple syrup (1.7oz bottle) +2.5

NUTELLA CREPES 14.5 | with fresh strawberries, bananas and hazelnut spread

SCRAMBLED CREPES 14.5 | filled with scrambled eggs, ham, and cheddar

TRIPLE BERRY CREPES 14.5 | with sweet creamy filling and topped with fresh raspberries, blueberries & strawberries

WAFFLES

SIMPLY BELGIAN 11.0 | served with whipped butter and syrup. Gluten free +1.5

Add strawberries, blueberries, bananas, pecans, chocolate chips or cinnamon apples +3.0 each. Pure vermont maple syrup (1.7oz bottle) +2.5

CHICKEN & WAFFLE 16.0 | topped with chicken tenders & 2 strips of bacon

CHURRO WAFFLE 14.0 | fried waffle coated in cinnamon sugar & topped with vanilla ice cream & chocolate or strawberry drizzle

BANANAS FOSTER WAFFLE 14.5 | topped with caramelized bananas & pecans

HEALTHY SIDE

KETO BOWL 16.5 | grilled chicken, bacon, tomato, onion, broccoli & cheddar layered over cauliflower rice & topped with 2 eggs. Includes side of cottage cheese, or strawberries. **Create Your Own Keto Bowl** \$10.5 plus ingredients

OLD FASHIONED OATMEAL 7.0 | with milk & brown sugar

Add strawberries blueberries, bananas, walnuts, or raisins +1.25 per ingredient

HEALTHY START 13.5 | poached eggs on a toasted english muffin, cottage cheese & fresh fruit

GREEK YOGURT PARFAIT 10.0 | vanilla greek yogurt, granola, strawberries, blueberries & honey on the side

HEALTHY SCRAMBLER 13.5 | egg whites, mushrooms, & spinach. Includes choice of sliced tomatoes or fruit & english muffin

SENIOR MENU

SENIOR 1-2-3 (11.5) | 1 egg, 2 pancakes or thin french toast & 3 bacon or sausages

SENIOR WAFFLE 11.5 | $\frac{1}{2}$ waffle with choice of strawberry, blueberry, or banana topping. Includes 2 bacon or 2 sausage links

SENIOR CREPES 11.5 | 2 crepes with choice of strawberry, blueberry, or banana topping. Includes 2 bacon or 2 sausage links

SENIOR 2 EGG OMELET 11.5 | ham & american cheese with hash browns & toast

½ SANDWICH & SOUP 11.5 | choice of smoked ham, roast turkey, BLT, tuna salad, egg salad, or chicken salad. Add Fries +1. Upgrade your soup to a salad +1.5

SIDES

BACON, SAUSAGE, HAM, TURKEY BACON OR LINKS 5.0

TOAST or ENGLISH MUFFIN butter & jam 3.0

GREEK TOAST (contains sesame seed) 3.0

GLUTEN FREE TOAST 3.5

BAGEL & CREAM CHEESE 3.75

HASH BROWNS | DICED POTATOES | GRITS | FRENCH FRIES 4.0

ONE EGG 1.75

FRUIT CUP 4.0 | FRUIT BOWL 7.0

CUP OF SOUP $4.5\,$ | BOWL OF SOUP $5.5\,$

CARRY-OUT SOUPS | 12 oz CUP 4.5 | 32 oz QUART 10.0

- * indicates variation
- upgrade potatoes to fresh fruit +1.75
- egg whites +1.5



forkandspooncafe.com 7 AM to 2:30 PM -Last Seating

BURGERS CHAR-GRILLED

% pound angus steak burger on a brioche bun with fries & soup. Upgrade fries to onion rings +1.5. Gluten Free Bun +1.5

CHEESEBURGER 14.5 | american cheese. Add bacon +2.0 | Add an egg +1.5

AVOCADO BACON CHEESEBURGER 17.0 | american cheese

PATTY MELT 14.5 | grilled onions & american cheese on grilled rye*

MUSHROOM & SWISS BURGER 15.0 | fresh sauteed mushrooms

PHILLY BURGER 16.0 | grilled green peppers, mushrooms & onions with mozzarella

BACKYARD BURGER 16.0 | cheddar cheese, crisp bacon, onion ring & bbq sauce

SOUTHWEST BURGER 16.0 | grilled jalapenos, bacon & pepper jack cheese

HAND-HELDS

served with cup of soup and fries. Upgrade fries to onion rings +1.5

MALIBU CHICKEN 15.0 | a grilled chicken breast topped with bacon, swiss cheese, sliced avocado, and herb mayo, and served on a buttery croissant

REUBEN 15.0 | corned beef, sauerkraut, 1000 island dressing and swiss cheese served on grilled marble rye bread

FRENCH DIP 14.5 | tasty slices of house roasted tri tip on french bread with au jus for dipping

SKIRT STEAK SANDWICH (market price) | char-grilled, choice cut or better, 10oz angus skirt steak with sautéed mushrooms and onions on grilled garlic french bread.

ULTIMATE GRILLED CHEESE 12.0 | choice of three cheeses: american, mozzarella, cheddar, swiss, or pepper jack cheese. Add bacon or ham +3.0

SHRIMP TACOS 15.0 | grilled seasoned shrimp, avocado, tomato, onion, cilantro, cotija cheese. Salsa & sour cream on the side

TUNA, CHICKEN OR EGG SALAD 13.0 \mid house made and served on white or whole grain wheat

DELI CROISSANT 14.5 | choice of smoked ham, roast turkey, BLT, tuna salad, egg salad, or chicken salad & choice of cheese

12.5 | choice of smoked ham, roast turkey, BLT, tuna salad, egg salad, or chicken salad. Add Fries +1 Upgrade your soup to a salad +1.5

WRAPS

served with fries & soup. Upgrade fries to onion rings +1.5

SOUTHWEST WRAP 14.5 | grilled chicken breast, mozzarella cheese, bacon, lettuce, tomato & avocado wrapped in a spinach tortilla with salsa on the side

BUFFALO CHICKEN WRAP 14.5 | fried chicken strips, spicy buffalo sauce, tomato, bleu cheese, lettuce, wrapped in a flour tortilla with ranch dressing on the side,

CHICKEN CAESAR WRAP 14.5 | grilled chicken, lettuce, & parmesan cheese wrapped in a flour tortilla with caesar dressing on the side

GREEK WRAP 14.5 | grilled chicken breast, tomato, red onion, and feta cheese wrapped in a flour tortilla with vinaigrette dressing on the side

VEGGIE WRAP 14.0 | mozzarella cheese, onion, green pepper, lettuce, tomato, and avocado, wrapped in a spinach tortilla with choice of dressing

CLUBS

served with fries & soup. Upgrade fries to onion rings +1.5

 ${\bf TURKEY\ CLUB\ 14.5\ |\ }$ oven roasted turkey, bacon, lettuce, tomato, and mayo on white or whole grain toast

BLT CLUB 14.5 | bacon, lettuce, tomato, and mayo on white or whole grain toast

 $\bf NAPA\ VALLEY\ CLUB\ 16.0\ |\ grilled\ chicken\ breast,\ avocado,\ bacon,\ lettuce,\ tomato,\ herb\ mayo\ on\ whole\ grain\ or\ white\ toast$

PANINIS

served with fries & soup. Upgrade fries to onion rings +1.5

 $\textbf{CHICKEN SPINACH PANINI 14.5} \mid \text{oven roasted tomato, mozzarella, herb mayo, grilled country sourdough}$

ROASTED VEGGIE PANINI 14.5 | eggplant, zucchini, red and yellow peppers, mushroom, mozzarella, herb mayo on grilled country sourdough

QUESADILLAS

served with french fries & a cup soup. Upgrade fries to onion rings +1.5

STEAK QUESADILLA 20.0 | grilled skirt steak, mushroom, onion, mozzarella & cheddar

 $\textbf{CHICKEN QUESADILLA } 14.5 \mid grilled \ chicken, \ bacon, \ tomato, \ mozzarella \ \& \ cheddar$

 $\begin{tabular}{ll} \textbf{VEGGIE QUESADILLA} & 14.0 & | & avocado, mushroom, green pepper, onion, tomato, mozzarella & cheddar \\ \end{tabular}$

OPEN FACE

HOT TURKEY 14.5 | oven roasted turkey topped with turkey gravy & served with mashed potato and gravy

HOT BEEF 14.5 | house roasted tri tip topped with brown gravy & served with mashed potato and gravy

SALADS

STRAWBERRY PATCH 15.0 | grilled chicken breast, mixed greens, strawberries, crumbled feta cheese, red onion, cucumber, pecans & hardboiled egg

COBB SALAD 14.5 | chicken breast, mixed greens, avocado, bacon, tomato, cucumber, blue cheese, & hardboiled egg

SHRIMP & AVOCADO 16.0 | grilled seasoned shrimp, mixed greens, avocado, tomato, red onion, cucumber & hardboiled egg

JULIENNE SALAD 14.0 | smoked ham, roast turkey breast, swiss & american cheese over mixed greens, tomato, cucumber, red onion, green pepper, & a hardboiled egg

GREEK SALAD 14.0 | mixed greens, tomatoes, cucumbers, green pepper, red onion, hardboiled egg, pepperoncini, greek olives, oregano, feta & anchovies

GRILLED CHICKEN SALAD 14.0 | grilled seasoned chicken breast, mixed greens, tomato, cucumber, red onion, green pepper, & hardboiled egg

CHICKEN CAESAR SALAD 14.0 | grilled chicken, hearts of romaine, tomato, croutons, hardboiled egg & Caesar dressing.

SOUP & SALAD COMBO 11.0 | a bowl of homemade soup and a house salad. Upgrade your salad to a smaller portion of our specialty salads above +4.0

FRESH FRUIT PLATE 15.0 | seasonal fruit, vanilla greek yogurt & pecans on the side

STUFFED COOL PLATE 15.0 | garnished with veggies, cottage cheese, fresh fruit, egg, and toast

- choice of avocado, tomato, or cantaloupe
- choice of tuna salad or chicken salad

DRINKS



COFFEE 3.75 | Two Brothers Coffee Roasters

ORGANIC HOT TEA 4.0 | assam black, earl grey, chamomile, alpine berry, or green **HOT CHOCOLATE** 3.75

MILK 3.25

ALMOND MILK 3.75

CHOCOLATE MILK 3.50

PEPSI SOFT DRINKS with refill 3.75

ORGANIC ICED TEA 3.75

JUICES SMALL 8oz or LARGE 12oz

ORANGE JUICE small 4.0 | large 5.0

siliali 4.0 | large 3.0

STRAWBERRY-ORANGE JUICE small 5.0 | large 6.0

CRANBERRY, APPLE, TOMATO OR GRAPEFRUIT JUICE small 3.25 | large 4.25

MILK SHAKES 6.0

VANILLA, STRAWBERRY, CHOCOLATE, or OREO

BLENDED ICED LATTE 6.5

Get your refreshing coffee fix topped with whipped cream

CARAMEL, MOCHA, VANILLA, SPICED CHAI TEA or PUMPKIN SPICE (SEASONAL)

FRUIT SMOOTHIES 6.5

Made with all-natural purees or fresh fruits. No added sugar (contains milk)

BLOOMING BERRY raspberry, strawberry, & blueberry

HARVEST GREENS dark green leafy powerhouses like kale and spinach coupled with apples, kiwis, pineapples, bananas, and lemongrass for a vibrant interplay of dueling sweet and tart flavors

MELLOW MANGO mangos & a hint of banana

STRAWBERRY & BANANA

SUMMER STRAWBERRY

ALOHA pineapple, coconut & banana

ADULT DRINKS

BLOODY MARY 10.0 | featuring Tito's

 $\textbf{SCREWDRIVER} \ 10.0 \ | \ large \ orange \ juice \ \& \ a \ shot \ Tito's$

 $\textbf{STRAWBERRY VODKA LEMONADE } 10.0 \mid \text{strawberry reduction \& Tito's}$

 $\textbf{CLASSIC MIMOSA} \ 10.0 \ | \ \text{OJ \& sparkling wine}$

STRAWBERRY MIMOSA 10.0 | house made strawberry reduction

LAVENDER LEMONADE MIMOSA 10.0 | lavender infused simple syrup & lemonade

CRANBERRY MIMOSA 10.0 | cranberry juice & sparkling wine

BAILEY'S IRISH COFFEE 8.5 | topped with whipped cream & cinnamon sugar

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Contact the IDPH for more information. Please be aware that our kitchen processes dairy, nuts, seeds, and gluten ingredients and there is cross-contact risk. Please observe our "90 minutes stay at tables policy" so that waiting guests can receive timely service.